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| 1. Write a 300-word essay on the history of futsal and when it was introduced to the Olympic games. | Leader's Initials _____ |
| | Date _____ |
| 2. Draw a diagram of the futsal field and label the important parts including the dimensions of the playing field, penalty area, central circle, corner marks and penalty marks in front of the goals. Explain the individual segments of a futsal court. | Leader's Initials _____ |
| a. Penalty Box
b. Central Circle
c. Corner Marks
d. Penalty Marks | Date _____ |
| 3. Identify the number of players in a futsal team. List and explain the role of each position in a futsal team. | Leader's Initials _____ |
| | Date _____ |
| 4. List down 8 rules implemented in this sport. | Leader's Initials _____ |
| | Date _____ |
| 5. Differentiate the method of substitution in a futsal game as compared to a soccer game. | Leader's Initials _____ |
| | Date _____ |
| 6. Distinguish the differences between a yellow card and a red card and state its consequences. | Leader's Initials _____ |
| | Date _____ |

7. Explain the method of ‘accumulation of fouls’ and its consequences.

Leader’s
Initials _____

Date _____

8. Define the following commonly used futsal terms:

- a. Assist
- b. Back Pass
- c. Bending the ball
- d. Chip
- e. Closing Down
- f. Cross
- g. Dropkick
- h. Ball trapping
- i. Keep your shape
- j. Mark
- k. Opening the field
- l. Save
- m. Touchline
- n. Volley
- o. Kick-off
- p. Kick-in
- q. Goal Clearance
- r. Corner Kick
- s. Indirect Free Kick
- t. Direct Free Kick
- u. Penalty Kick
- v. Advantage
- w. Rolling substitution
- x. Ceiling

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9. List down 5 differences between soccer and futsal.

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10. Demonstrate 5 futsal skill-related drills.

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11. Participate in at least 3 basic training drills in your respective outpost.

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12. Participate in 3 actual futsal matches. Fill in the dates below.

<u>Match #1</u>	<u>Match #2</u>	<u>Match #3</u>
____/____/____	____/____/____	____/____/____

Leader's
Initials _____

Date _____

13. Interview a Futsal Coach (preferably Christian) regarding the following items. Include the notes from your interview.

- A winning attitude
- Building Character
- Setting a good example and being a good role model
- Physical Fitness
- Preparation for the future

Leader's
Initials _____

Date _____